



# West Coast Swimming Club

## Australia's Most Successful Paralympic Swimmer

### **Matt Cowdrey**

Will be supporting our Lower Eyre Peninsula Swimmers at the Primary Schools Carnival on Friday 26th of October.

Thanks to Swimming SA, Swimming Australia and sponsor of 'GOSWIM' Month,



The West Coast Swimming Club are thrilled to announce that Matthew "Matt" John Cowdrey, will be travelling to Port Lincoln on Friday October 26th to support regional swimmers as they battle it out at the Lower Eyre Peninsula Primary School swimming carnival at the Port Lincoln Leisure Centre. Matt is an Australian Paralympic swimmer and holder of numerous world records. He lives in South Australia and swims for the Norwood Swimming Club. He has a congenital amputation of his left arm where it stops at the elbow. Cowdrey competed at the 2004 Paralympic Games, 2006 Commonwealth Games, 2008 Paralympic Games, 2010 Commonwealth Games and the 2012 Paralympic Games. In 2011, he was inducted into the Australian Institute of Sport's "Best of the Best". In London he won 5 gold medals in the 100 m backstroke S9, 50 m freestyle S9, 100 m freestyle S9, 200 m Individual Medley SM9 and 4 x 100 m Freestyle Relay 34 pts, silver medals in the 100 m Butterfly S9 and 100 m Backstroke SB8 and a bronze medal in the Men's 4 x 100 m Medley Relay 34 pts. In winning the Men's 50 m Freestyle S9 event at the 2012 London Games, he became Australia's most successful Paralympian by winning his 11th gold medal and 20th medal overall. By the finish of the games his medal tally increased and he carried the Australian flag on behalf of the team during the closing ceremony for the games.

*This years swimming competition has now attracted over 200 swimmers from across the Lower Eyre Peninsula. Paul Dennis - State Development Coach will also be in attendance. This competition is registered with Swimming Australia as a 'GOSWIM' event and is all about encouraging keen swimmers to experience the thrill of racing.*

