AUSTRALIAN JUNIOR EXCELLENCE PROGRAM (JX)
2012-13 CRITERIA \& QUALIFYING TIMES
Events and times recognised under the JX are listed on Attachment A: 2012-13 JX Times and Standards
9 and 10 year-olds
Green standard
Bronze standard
Silver standard
Gold standard
Gold Star standard
At least 1 Tier 4 time in any of the specified events At least 1 Tier 3 time in any of the specified events At least 1 Tier 2 time in any of the specified events At least 1 Tier 1 time in any of the specified events At least 1 Tier 1 time in 3 or more of the specified events
$9 \& 10$ year old times will be recognised from both short course and long course events.

## 11-13 year-olds

Green standard
Bronze standard
Silver standard
1 the specified events
At least 1 Tier 3 time in any of the specified events
At least 1 Tier 2 or Tier 1 time in any of the specified events
Gold standard
At least 1 Tier 1 time in 2 or more of the specified events
11-13 year old times will be recognised from long course events only.
The 2012-13 JX program will recognise performances from 1 April 2012 to 31 March 2013. To qualify for the program, all that is required is to achieve one or more of the JX time standards. All awardees are automatically notified through their clubs by the relevant State/Territory Swimming Association after the 31 March closing date. Visit the JX section of your State/Territory Association's website to determine meets eligible for JX.

2012-13 JX Criteria \& Qualifying Times - July 2012

Please note that where for example a child turns 11 years of age during the season and records times as both a 10 year-old and an 11 year-old, he/she will receive a JX reward depending on the highest standard achieved in either (not both) of those age groups - i.e. gold, silver, bronze or green. Furthermore, lead off times will not be recognised in the program, only individual swims will qualify.

In addition, 12 and 13 year olds who qualify for Australian Age Championships are not eligible for JX recognition as they become part of the Youth Performance Squad (YPS).

## Swimmer with a Disability

In 2012-13 JX standards will be determined using the Multi Class Point Score (MCPS). Events and MCPS recognised under the JX are listed in Attachment B: 2012-13 SWD JX Standards.

JX SWD recognition will be determined using the Multi Class Point Score (MCPS) system. The MCPS is based on the world record (WR) times for each classification and will be updated annually. The WR is allocated 1000 points with times above and below awarded a point score incrementally. Swimmers must hold a current classification to be eligible for JX recognition.

## 9 and 10 year-olds

Green standard
At least 1 Tier 4 MCPS time in any of the specified events
Bronze standard
Silver standard
Gold standard At east 1 Tier 3 MCPS time in any of the specified events At least 1 Tier 2 MCPS time in any of the specified events At least 1 Tier 1 MCPS time in any of the specified events
Gold Star standard At least 1 Tier 1 MCPS time in 3 or more of the specified events

9 \& 10 year old times will be recognised from both short course and long course events in both Multi-Class an able bodied competitions.

## 11-13 year-olds

Green standard
Bronze standard
Silver standard
Gold standard
At least 1 Tier 4 MCPS time in any of the specified events At least 1 Tier 3 MCPS time in any of the specified events At least 1 Tier 2 MCPS time in any of the specified events At least 1 Tier 1 MCPS time in 2 or more of the specified events

11-13 year old times will be recognised from long course events only, in both Multi-Class and able bodied competitions.

## Open Water Swimming

2012-13 JX OWS recognises only 11, 12 and 13 year competitors. Events and distances recognised under the JX may differ by state.
All 11, 12 and13 year old State Championship or Swimming Australia sanctioned meet finishers in the 2.5 km and / or 5 km event will be, at a minimum, awarded Green level under the JX.

- Gold level - Top 20\%, rounded up to the next competitor, of finishers
- Silver level - Next 20\%, rounded up to the next competitor, of finishers
- Bronze level - Next 20\%, rounded up to the next competitor, of finishers
- Green level - Final 40\% of finishers.

There may be some differences by state to national criteria. Please contact your state swimming association to confirm the qualification procedures in your state.


Australian Government
Australian Sports Commission
EnergyAustralia

|  | GIRLS 2012-13 JX QUALIFYYNG TIMES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 9 Years |  |  |  | 10 Years |  |  |  | 11 Years |  |  |  | 12 Years |  |  |  | 13 Years |  |  |  |
|  | Tier 1 | Tier 2 | Tier 3 | Tier 4 | Tier 1 | Tier 2 | Tier 3 | Tier 4 | Tier 1 | Tier 2 | Tier 3 | Tier 4 | Tier 1 | Tier 2 | Tier 3 | Tier 4 | Tier 1 | Fier 2 | Tier 3 | Tier 4 |
| 50 FS | 00:38.00 | 00:40.00 | 00:42.00 | 00:46.00 | 00:34.00 | 00:36.00 | 00:38.00 | 00:40.00 | 00:32.50 | 00:34.00 | 00:36.00 | 00:39.00 | 00:31.00 | 00:32.00 | 00:33.50 | 00:36.00 | 00:30.00 | 00:31.00 | 00:32.50 | 00:34.50 |
| 100 FS |  |  |  |  |  |  |  |  | 01:11.00 | 01:14.00 | 01:17.00 | 01:25.00 | 01:07.00 | 01:10.00 | 01:13.00 | 01:19.00 | 01:05.00 | 01:07.00 | 01:10.00 | 01:17.00 |
| 200 FS |  |  |  |  |  |  |  |  |  |  |  |  | 02:22.00 | 02:26.00 | 02:33.00 | 02:45.00 | 02:19.00 | 02:22.00 | 02:28.00 | 02:41.00 |
| 400 FS |  |  |  |  |  |  |  |  |  |  |  |  | 04:52.00 | 05:08.0 | 05:20.00 | 05:45.0 | 04:47.0 | 04:55.00 | 05:05.00 | 05:35.00 |
| 800 FS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 09:55.00 | 10:05.00 | 10:35.00 | 11:30.00 |
| 50 BK | 00:45.00 | 00:48.00 | 00:50.00 | 00:55.00 | 00:42.00 | 00:44.00 | 00:46.00 | 00:49.00 | 00:39.50 | 00:41.5 | 00:4 | 00:48.0 | 00:37.00 | 00:39.0 | 00:41. | 00: | 00:36.0. | 00:38.00 |  | 00.44.00 |
| 100 BK |  |  |  |  |  |  |  |  | 01:23.00 | 01:25.00 | 01:29.00 | 01:37.00 | 01:18.00 | 01:21.00 | 01:24.00 | 01:32.00 | 01:15.00 | 01:18.50 | 01:22.00 | 01:30.00 |
| 200 BK |  |  |  |  |  |  |  |  |  |  |  |  | 02:40.00 | 02:47.00 | 02:55.00 | 03:09.00 | 02:36.00 | 02:42.00 | 02:48.00 | 03:03.00 |
| 50 BRS | 00:51.00 | 00:53.00 | 00:55.00 | 01:00.00 | 00:46.00 | 00:49.00 | 00:51.00 | 00:55.00 | 00:44.00 | 00:47.00 | 00:49.00 | 00:53.00 | 00:42.00 | 00:44.00 | 00:46.00 | 00:50.00 | 00:40.50 | 00:42.00 | 00:44.00 | 00:48.00 |
| 100 BRS |  |  |  |  |  |  |  |  | 01:35.00 | 01:38.00 | 01:43.00 | 01:52.00 | 01:30.00 | 01:33.00 | 01:37.00 | 01:46.00 | 01:25.00 | 01:30.00 | 01:33.00 | 01:40.00 |
| 200 BRS |  |  |  |  |  |  |  |  |  |  |  |  | 03:05.00 | 03:11.00 | 03:20.00 | 03:36.00 | 02:57.00 | 03:05.00 | 03:15.00 | 03:27.00 |
| 50 BF | 00:44.00 | 00:47.00 | 00:49.00 | 00:55.00 | 00:39.00 | 00:42.00 | 00:44.00 | 00:49.00 | 00:36.50 | 00:39.00 | 00:41.00 | 00:46.00 | 00:34.00 | 00:36.00 | 00:38.50 | 00:41.00 | 00:33.00 | 00:34.50 | 00:36.50 | 00:40.00 |
| 100 BF |  |  |  |  |  |  |  |  | 01:20.00 | 01:25.00 | 01:30.00 | 01:40.00 | 01:16.00 | 1.21 .00 | 01:25.00 | 01:35.00 | 01:11.00 | 01:15.00 | 01:18.00 | 01:28.00 |
| 200 BF |  |  |  |  |  |  |  |  |  |  |  |  | 02:43.00 | 02:50.00 | 03:00.00 | 03:15.00 | 02:37.00 | 02:45.00 | 02:50.00 | 03:10.00 |
| 20011 M | 03:30.00 | 03:40.00 | 03:50.00 | 04:05.00 | 03:10.00 | 03:20.00 | 03:30.00 | 03:40.00 | 02:55.00 | 03:05.00 | 03:15.00 | 03:25.00 | 02:46.00 | 02:52.00 | 02:57.00 | 03:07.00 | 02:37.00 | 02:43.00 | 02:50.00 | 03:01.00 |
| 4001 M |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 05:40.00 | . 00 | 06:10.00 | 6:40.00 |


|  | Years ${ }^{\text {c\|l }}$ BOYS 2012-13 JX QUALIFYING TIMES |  |  |  |  |  |  |  |  |  |  |  | 12 Years |  |  |  | 13 Years |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Tier 1 | Tier 2 | Tier 3 | Tier 4 | Tier 1 | Tier 2 | Tier 3 | Tier 4 | Tier 1 | Tier 2 | Tier 3 | Tier 4 | Tier 1 | Tier 2 | Tier 3 | Tier 4 | Tier 1 | Tier 2 | Tier 3 | Tier 4 |
| 50 FS | 00:38.00 | 00:40.00 | 00:42.00 | 00:46.00 | 00:34.00 | 00:36.00 | 00:38.40 | 00:40.00 | 00:32.50 | 00:34.00 | 00:36.00 | 00:39.00 | 00:30.00 | 00:31.50 | 00:33.50 | 00:36.00 | 00:29.00 | 00:29.50 | 00:31.00 | 00:34.00 |
| 100 FS |  |  |  |  |  |  |  |  | 01:11.00 | 01:14.00 | 01:17.00 | 01:25.00 | 01:06.00 | 01:09.00 | 01:12.00 | 01:19.00 | 01:03.00 | 01:05.00 | 01:07.00 | 01:15.00 |
| 200 FS |  |  |  |  |  |  |  |  |  |  |  |  | 02:19.00 | 02:25.00 | 02:30.00 | 02:45.00 | 02:15.00 | 02:19.00 | 02:25.00 | 02:37.00 |
| 400 FS |  |  |  |  |  |  |  |  |  |  |  |  | 04:49.00 | 05:03.00 | 05:12.00 | 05:45.00 | 04:42.00 | 04:50.00 | 05:02.00 | 05:30.00 |
| 800 FS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 09:45.00 | 10:00.00 | 10:30.00 | 11:25.00 |
| 1500 FS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 18:30.00 | 19:15.00 | 20:00.00 | 21:00.00 |
| 50 BK | 00:45.00 | 00:48.00 | 00:50.00 | 00:55.00 | 00:42.00 | 00:44.00 | 00:46.00 | 00:49.00 | 00:39.50 | 00:41.50 | 00:44.00 | 00:48.00 | 00:36.00 | 00:38.00 | 00:41.00 | 00:45.00 | 00:34.50 | 00:36.50 | 00:39.00 | 00:44.00 |
| 100 BK |  |  |  |  |  |  |  |  | 01:23.00 | 01:25.00 | 01:29.00 | 01:37.00 | 01:17.00 | 01:20.00 | 01:24.00 | 01:32.00 | 01:12.00 | 01:15.00 | 01:19.00 | 01:27.00 |
| 200 BK |  |  |  |  |  |  |  |  |  |  |  |  | 02:38.00 | 02:44.00 | 02:50.00 | 03:09.00 | 02:32.00 | 02:38.00 | 02:47.00 | 02:58.00 |
| 50 BRS | 00:51.00 | 00:53.00 | 00:55.00 | 01:00.00 | 00:46.00 | 00:49.00 | 00:51.00 | 00:55.00 | 00:44.00 | 00:47.00 | 00:49.00 | 00:53.00 | 00:41.50 | 00:44.00 | 00:46.00 | 00:50.00 | 00:38.00 | 00:40.50 | 00:43.00 | 00:48.00 |
| 100 BRS |  |  |  |  |  |  |  |  | 01:35.00 | 01:38.00 | 01:43.00 | 01:52.00 | 01:27.00 | 01:31.00 | 01:36.00 | 01:46.00 | 01:21.00 | 01:24.00 | 01:28.00 | 01:37.00 |
| 200 BRS |  |  |  |  |  |  |  |  |  |  |  |  | 03:00.00 | 03:08.00 | 03:18.00 | 03:36.00 | 02:54.00 | 03:00.00 | 03:10.00 | 03:23.00 |
| 50 BF | 00:44.00 | 00:47.00 | 00:49.00 | 00:55.00 | 00:39.00 | 00:42.00 | 00:44.00 | 00:49.00 | 00:36.50 | 00:39.00 | 00:41.00 | 00:46.00 | 00:33.50 | 00:35.50 | 00:37.50 | 00:41.00 | 00:31.50 | 00:33.50 | 00:35.00 | 00:40.00 |
| 100 BF |  |  |  |  |  |  |  |  | 01:20.00 | 01:25.00 | 01:30.00 | 01:40.00 | 01:14.00 | 01:19.00 | 01:24.00 | 01:35.00 | 01:09.00 | 01:12.00 | 01:15.00 | 01:25.00 |
| 200 BF |  |  |  |  |  |  |  |  |  |  |  |  | 02:36.00 | 02:43.00 | 02:53.00 | 03:15.00 | 02:33.00 | 02:40.00 | 02:45.00 | 03:05.00 |
| 200119 | 03:30.00 | 3.40.00 | 03:50.00 | 04:05.00 | 03:10.00 | 03:20.00 | 03:30.00 | 03:40.00 | 02:55.00 | 03:05.00 | 03:15.00 | 03:25.00 | 02:42.00 | 02:48.00 | 02:55.00 | 03:07.00 | 02:32.00 | 02:37.00 | 02:45.00 | 02:58.00 |
| 40019 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 05:35.00 | 05:50.00 | 6.05 .00 | 06:30.00 |

2012-13 JX Criteria \& Qualifying Times - July 2012

## Attachment B: 2012-13 SWD JX Standards

2012-13 BOYS \& GIRLS SWD JX MCPS standards

|  | 9 years |  |  |  | 10 Years |  |  |  | 11 Years |  |  |  | 12 Years |  |  |  | 13 Years |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Gold | Silver | Bronze | Green | Gold | Silver | Bronze | Green | Gold | Silver | Bronze | Green | Gold | Silver | Bronze | Green | Gold | Silver | Bronze | Green |
| 50 FS | 200 | 160 | 80 | 60 | 240 | 200 | 150 | 100 | 280 | 240 | 190 | 140 | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |
| 100 FS |  |  |  |  |  |  |  |  | 280 | 240 | 190 | 140 | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |
| 200 FS |  |  |  |  |  |  |  |  |  |  |  |  | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |
| 400 FS |  |  |  |  |  |  |  |  |  |  |  |  | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |
| 50 BK | 200 | 160 | 80 | 60 | 240 | 200 | 150 | 100 | 280 | 240 | 190 | 140 | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |
| 100 BK |  |  |  |  |  |  |  |  | 280 | 240 | 190 | 140 | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |
| 50 BRS | 200 | 160 | 80 | 60 | 240 | 200 | 150 | 100 | 280 | 240 | 190 | 140 | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |
| 100 BRS |  |  |  |  |  |  |  |  | 280 | 240 | 190 | 140 | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |
| 50 BF | 200 | 160 | 80 | 60 | 240 | 200 | 150 | 100 | 280 | 240 | 190 | 140 | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |
| 100 BF |  |  |  |  |  |  |  |  | 280 | 240 | 190 | 140 | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |
| 200 BF |  |  |  |  |  |  |  |  |  |  |  |  | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |
| 150 IM | 200 | 160 | 80 | 60 | 240 | 200 | 150 | 100 | 280 | 240 | 190 | 140 | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |
| 200 IM | 200 | 160 | 80 | 60 | 240 | 200 | 150 | 100 | 280 | 240 | 190 | 140 | 320 | 280 | 230 | 180 | 360 | 320 | 270 | 220 |

Use the 2012-13 MCPS to determine how many points are awarded for your time (note that this will be available in November 2012
http://swimming.org.au/customdata/index.cfm?fuseaction=CustomItem\&/temID=5583

