

UP IN THE EYRE

PARTICIPATION (ENDORSED)

Contact

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Event Information

Saturday 2 – Sunday 3 December 2023

Ryan Mitchell Swimming Centre | Hannagan Street, Port Augusta SA 5700

Long Course Pool (50m)

Day 1 - Gates Open: 11:45am Warm Up: 12:00pm Warm Up Finishes: 12:45pm Start Time: 1:00pm

Day 2 – Gates Open: 7:45am Warm Up: 8:00am Warm Up Finishes: 8:45am Start Time: 9:00am

Event Nomination Fees:	Individual \$4.00 Relay \$6.00
Pool Entry:	Swimmers Free Spectators \$4.00
Free Entry:	ASCTA Accredited Coaches Working Technical Officials

Awards & Recognition

Medals will be awarded for 1st, 2nd & 3rd for both male and female in the following age groups:

50m Events: 8 & Under | 9 – 10 | 11 – 12 | 13 – 14 | 15 – 29 | 30 & Over

100m Events: 10 & Under | 11 – 12 | 13 – 14 | 15 & Over

200m Free & IM Events: 12 & Under | 13 & Over

200m BBB Event: Open Male & Female

400m, 800m, 1500m Events: Open Mixed Awards

Perpetual Shield for clubs in 4x50 Relays. Medals for swimmers – 1st, 2nd & 3rd. Relays are mixed gender - 2 male/2 female.

Dash for Cash: Fastest 5 Male & 5 Female swimmers from 50 Freestyle events are invited to compete.

Two age groups: 12 & Under | 13 & Over.

Cash prizes for 1st, 2nd, 3rd, 4th & 5th in each event.

Entry Information

Closing Date: Sunday, 26 November 2023 11:30pm

Entry Method: Entries via SWIM CENTRAL

Website: www.westcoastswimmingsa.com

All events are scratch. Unlimited individual events.

Swimmers enter either 800 or 1500 Freestyle on Day 2. Event maybe combined.

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EVENT LIST

Day 1

- 1 Mixed 400 Freestyle
- 2 Mixed 10 & Under 50 Freestyle
- 3 Mixed 11 – 29 50 Freestyle
- 4 Mixed 30 & Over 50 Freestyle
- 5 Mixed 200 Individual Medley
- 6 Mixed 10 & Under 50 Backstroke
- 7 Mixed 11 – 29 50 Backstroke
- 8 Mixed 30 & Over 50 Backstroke
- 9 Mixed 200 Breaststroke
- 10 Mixed 10 & Under 100 Butterfly
- 11 Mixed 11& Over 100 Butterfly
- 12 Mixed 10 & Under 100 Breaststroke
- 13 Mixed 11 & Over 100 Breaststroke
- 14 Mixed 200 Backstroke
- 15 Mixed 12 & Under 4x50 Freestyle Relay (Scratch)
- 16 Mixed 13 & Over 4x50 Freestyle Relay (Scratch)

Day 2

- 17 Mixed 400 Individual Medley
- 18 Mixed 10 & Under 50 Butterfly
- 19 Mixed 11 – 29 50 Butterfly
- 20 Mixed 30 & Over 50 Butterfly
- 21 Mixed 200 Freestyle
- 22 Mixed 200 Butterfly
- 23 Mixed 10 & Under 50 Breaststroke
- 24 Mixed 11 – 29 50 Breaststroke
- 25 Mixed 30 & Over 50 Breaststroke
- 26 Mixed 1500 Freestyle
- 27 Mixed 800 Freestyle
- 28 Mixed 10 & Under 100 Backstroke
- 29 Mixed 11 & Over 100 Backstroke
- 30 Mixed 10 & Under 100 Freestyle
- 31 Mixed 11 & Over 100 Freestyle
- 32 Mixed 12 & Under 4x50 Medley Relay (Scratch)
- 33 Mixed 13 & Over 4x50 Medley Relay (Scratch)
- 34 Dash for Cash Female 12 & Under Invitation only
- 35 Dash for Cash Male 12 & Under Invitation only
- 36 Dash for Cash Female 13 & Over Invitation only
- 37 Dash for Cash Male 13 & Over Invitation only



**West Coast
Swimming Club**
