



West Coast Swimming Club

West Coast Long Course Open Carnival

Sunday 13th of November 2016

Ryan Mitchell Swimming Centre - Port Augusta

CLOSING DATE FOR ENTRIES : FRIDAY 4th of NOVEMBER 2016 11.30 pm (AET)

ONLINE ENTRIES will be available from MID OCTOBER

www.westcoastswimmingsa.com

Event Timing

Gates Open : 8.30 am

Warm Up: 9 am

Start Time (1st Race) : 10 am

Catering

Pool Canteen Available

Sausage Sizzle / BBQ Catering

Website

www.westcoastswimmingsa.com

Contact

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Phone : 0439642903

Event Listing (Long Course)

- | | | |
|-----------------------------|--------------------------------|---------------------------------|
| 1. Mixed 200IM | 10. 12&U Mixed Freestyle Relay | 19. Mixed 200m Butterfly |
| 2. Mixed 400IM | 11. 13+0 Mixed Freestyle Relay | 20. Mixed 100m Backstroke |
| 3. Mixed 10&U 50m Butterfly | 12. Mixed 100m Butterfly | 21. Mixed 10&U 50m Breaststroke |
| 4. Mixed 11+0 50m Butterfly | 13. Mixed 10&U 50m Backstroke | 22. Mixed 11+0 50m Breaststroke |
| 5. Mixed 200m Backstroke | 14. Mixed 11+0 50m Backstroke | 23. Mixed 200m Freestyle |
| 6. Mixed 100m Breaststroke | 15. Mixed 200m Breaststroke | 24. 12&U Mixed Medley Relay |
| 7. Mixed 10&U 50m Freestyle | 16. Mixed 100m Freestyle | 25. 13+0 Mixed Medley Relay |
| 8. Mixed 11+0 50m Freestyle | 17. Mixed 800m Freestyle | |
| 9. Mixed 400m Freestyle | 18. Mixed 1500m Freestyle | |

Relays are mixed. At least one member must be of the opposite gender.

Event Entry Information

Entry cost is \$3.50 per individual race and \$5 per relay. No limit on number of entries.

Ribbons presented to first three place getters in each age group (50m events).

Medals presented to first three place getters in each age group (100m, 200m, 400m, 800m and 1500m and relays).

Results separated according to gender.

50m age groups - 8&U, 9/10, 11/12, 13/14, 15&0.

100m age groups - 10&U, 11-13, 14&0.

200m age groups - 12&U, 13&0

400m, 800m, 1500m - OPEN

